

***My Darling* – Director's report**

My darling is created with the aim of showing a case of violence and threaten in a relationship from a psychological point of view. Therefore, the visual perspective of the short film is subjective. It is ruled by a huge temporary and spatial disorientation, and guided by a voice in off clearly identified as a woman's awareness of someone who is suffering a procees of physical and psychological abuses.

This formulation is based on the study of many sources of documentation, which demonstrated that one of the main women' reasons not to report these aggressions, was the psychological process of self-suggestion that they did trying to deny the reality and replace it for another totally idealized inspired by their own experiences, which let them keep on living day by day trapped in a huge lie.

That is why the central axis that supports all the short film is the woman's voice of awareness, which tries to convince herself that by the way she works and makes effort, she may be able to change the course of the facts. Besides she blames herself almost each time her husband punishes her, justifying and assuming like if her husband's scomful discourse was right.

his process of self-blaming and justification gets worse while agressions increase, stopping for a second when the punishment is so hard that even the doubt appears and grows in the victim, who seriously thinks about her relationship. The emotions swaying materialized in the stage change from a grey and oppressive flat when reality is imposed, to a decadent large palace full of colours when the main character leaves all the reality or simply accepts her husband's excuses and promises of a great future.

Regarding the musical section, the instrumental designation is decided in relation with the characters. Thus the woman is represented by stringed instruments, specially by the viola, which accompanies in all moments victim's voice in off, a fragile and melancholic pitch against the strength and hardness metal wind instruments, strictly related with the husband, which appear strongly when an abuse comes, flattening all the melodic lines. A pitched power, which misses a fleeting viola, with some musical notes in a very sharp record, fighting desperately to make themselves hear among the racket which suffocates her.

Finally, and based on victims of genre violence and psychological studies, the performance work was focused on an extreme dramatic containment, suffocating the main character inside her own fear and pain after each abuse in order to normalize her situation and make softer the gravity of the facts. A model of an assumed behaviour which will not ever stop. The biggest reality is imposed, Any hope of future is removed.